

November/December 2022



Overthinker's Group for Women

Led by Krylyn Peters, LPC of Arizona Women's Counseling

**Group for
Women
in Arizona**

Where:
Zoom

Cost:
\$65 per session
(\$390 total)*

For: Women age 20+

When: Tuesdays, 5:30-6:45PM,
November 1-December 6, 2022

- Education about the why's behind your overthinking and perfectionism
- Therapist facilitated discussions about how overthinking is impacting you
- Strategies and tools that can help you overcome overthinking
- Connection with other women who GET IT

For further information:
602-696-8699 or azwomenscounseling.com



**new clients must also complete one-time intake*